



Development Associate Programme: Parkour Delivery in Schools

By Tarryn Horner and Lara Kirwin

In 2020, we were approached by Parkour UK to create a Parkour Delivery in Schools Toolkit that members of the parkour community and schools could use when initiating and delivering Parkour activities in Schools.

About us

Tarryn Horner (MSc Sport Business and Leadership) – My area of expertise lies within youth sport development. I have utilised my sport coaching, teaching and sport delivery experience to add value to the Schools Project as part of the Parkour UK Development Associates Programme. I strongly believe in using sport as a tool for community development and obtaining objective outside those of improving within the sport itself. Now more than ever within a changing world we have to reimagine the future of sport development and how it can be used to enhance holistic wellbeing and development. The role within Parkour UK has allowed me to further enhance my understanding of crucial the role that Sport NGB's play in the greater sport, sport business and development sector. My hope is that The Parkour Delivery in Schools Toolkit will aid to school Parkour participation and the many untapped opportunities within youth sport development.

Lara Kirwin (MSc Sport Business and Management) – My passion for sport drives my ambition to create inclusive and accessible sports experiences for all. I have applied my knowledge and experiences of school sport from my undergraduate degree to Parkour UK's Development Associate project and learnt how NGB's support organisations to deliver school sport. I hope that the toolkit we have created supports the delivery of parkour in schools by overcoming barriers that the parkour community and schools are experiencing, to provide young people with valuable and enjoyable Parkour experiences.

About the Project

Throughout the three months of the project, we consulted a number of member Parkour companies to gain insight into the current delivery of Parkour within schools, how they developed partnerships and have been successful or unsuccessful within schools, necessary resources to aid delivery and ways for other Parkour companies and coaches to enter the schools sport system. Additionally, we conducted an anonymous survey that was distributed to The Independent Schools Association, The Independent Association of Prep Schools, Sport Birmingham and Greater Sport to understand the current landscape of Parkour delivery and provisions within schools, barriers to Parkour and their needs to aid improved Parkour delivery. 56 schools participated in the survey and the insight aided our understanding on how to better support Parkour companies and schools through our developed Toolkit.

Toolkit Summary

- **Getting Started** – This folder contains documents needed at the beginning of conversations with schools to help them build confidence. A Parkour in Schools FAQ and introductory letter outlining equipment list and costs can be adapted for your companies' needs.
- **Safeguarding** – This folder contains documents to support organisations in the safeguarding and welfare of children and vulnerable adults within Parkour. Templates include a Safeguarding Policy, Safeguarding Contacts List, Welfare Officer Description, Photography Statement, Safety Policy and Consent form. Templates have been designed in line with Parkour UK's safeguarding policy and should be used within organisations to maintain good practice.
- **Risk Assessments** – The Risk Assessment Template and Risk-Benefit Assessment Template have been designed as tools to aid Parkour planning and safe delivery. These tools should be used by Parkour companies as best practice to ensure that risks are identified, accounted for and mitigated within Parkour activity in schools. Templates have been designed as an outline to identify risks and benefits however it is recommended that individuals responsible for Parkour delivery should amend and add to the templates as they see fit within the context of their chosen delivery.

In compiling these resources, we received invaluable contributions from members of the Parkour community and would like to thank the following individuals and organisations in particular:

- **John Hall** – Access Parkour <https://www.accessparkour.com>
- **Scott Jackson** – Train Hard Parkour – <https://www.train-hard.org>

We hope that these resources will be of use to the Parkour community and that they will aid members of Parkour UK and schools in partnership to increase and improve Parkour delivery and opportunities for schools going forward.