

Risk Assessment Documents

Summary

The Risk Assessment Template and/or Risk-Benefit Assessment have been designed as tools to aid Parkour planning and safe delivery. An organisation must risk assess any setting as best practice to ensure that risks are identified, accounted for and mitigated within Parkour activity in schools.

Templates have been designed as an outline to know risks and benefits however it is recommended that individuals responsible for Parkour delivery should amend and add to the templates as they see fit within the context of their chosen delivery. Templates should be duly completed on a regular basis as agreed upon between the delivery company/coach and school in partnership.

Ultimately the responsibility for assessing risk lies with the Parkour provider and these templates serve as a starting point – they are not complete or intended to be used as an exact copy.

- 1) Risk Assessment
- 2) Risk Benefit Assessment
- 3) Coaches Safety Policy Template

Acknowledgements:

Risk Assessment Template: Created by Parkour UK through collating templates provided by:

- Train Hard – www.train-hard.org
- Active Schools Midlothian – www.activemidlothian.org.uk
- Access Parkour – www.accessparkour.com

Safety Policy Template: Created using Glasgow Parkour's Coaching resources.

Consent template: Created using Train Hard Parkour Ltd online consent form
– <http://www.train-hard.org/consent/>