

PARKOUR UK 2023 AGM MINUTES

Members in attendance:

Luke Brown (LB) – Spiral Freerun CIC
 Nyesha Chapman (NC) – Powerhouse Parkour
 Nadine Barnard (NB) – Head of Development
 Tom Redfern (TR) – Competition Framework Lead
 Simon Vardy (SV) – Workforce Lead
 Callun Lavington (CL) – Digital Lead

Apologies:

None

Parkour UK attendance:

Tracy Rea (TR) – Chair
 Parul Agarwal (PA) – Senior Independent Director
 Natasha Preville (NP) – Independent Director
 Duncan Seller (DS) – Independent Director
 Jude Taylor (JT) – Independent Director
 Sam Bradley (SB) – CEO
 Tarryn Horner (TH) – Company Secretary

Apologies:

None

Elected Director attendance:

Chris Keighley (CK) – Elected Director & Parkour Generations
 Frazer Meek (FM) – Elected Director & Fluidity Free Run
 Richard Marshall (RM) – Elected Director, Scotland

Apologies:

None

1. WELCOME

TR welcomed the Parkour UK Members to the 2023 AGM, provided meeting house rules and a notification of recording the meeting. TR noted that the meeting was quorate.

2. APOLOGIES

TR noted no apologies or declarations of interest were submitted.

3. PARKOUR UK AGM 2022 MINUTES

Received: The Minutes of the 2022 AGM having been distributed were taken as read.

Approved: RM first approved and CK seconded the approval of the minutes, therefore the Minutes of the 2022 AGM were approved.

4. COMPANY’S ACCOUNTS

Section Summary: PA introduced herself and confirmed that the 2022/2023 Financial Statements represent a true and fair reflection of Parkour UK’s financial position and noted the organisation as a going concern and is confident in Parkour UK’s ability to deliver on its strategic commitments in line with the Sport England Tier 3 Funding requirements. PA noted that the Financial Statements would be submitted to Companies House and will be made available on the Parkour UK website noting that no action for approval is required from Parkour UK’s Members. PA offered to be contacted regarding any queries.

5. ANNUAL REPORT OF ACTIVITIES

Section Summary: PA provided an update of activities from her role as Interim CEO of Parkour UK from June – November 2023, noting SB having started as CEO in November. PA worked with the Executive teams’ and their budgets to align with the Parkour UK Objectives and Key Results and with the Board for approval of the comprehensive budget. Additionally, addressed Governance and compliance with the Sport England Tier 3 Code of Sport Governance requirements. PA highlighted the community engagement webinar hosted which focused on Parkour UK’s Budget to ensure transparency and provide strategic updates noting the positive value-add to the community and Executive team. PA noted the

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recruitment updates with alignment to OKR needs and the Assessment Day which took place in collaboration with Sport England which has seen the fulfillment of 10 new roles. Parkour UK conducted its Induction Day for new starters in early November and PA has since been carrying out a handover for the transition period with SB taking on the role of CEO. SB introduced himself as the newly appointed CEO highlighting that he has felt very welcome in the first few weeks as well as thanking PA and TR for their support and work over the past few months. SB noted his focus aim on connecting with the wider parkour community in the upcoming month to engage, understand and build trusting relationships. SB provided an introduction and update to the existing and new Parkour UK Executive Team members noting the variety of experiences and a balance among the parkour community as well as the Holocracy structure of the organisation. SB discussed each department, their team members and ongoing work priorities. SB noted the need to still appoint 3 roles within Parkour UK with capabilities focusing on Membership and Governance & Safeguarding, SB along with the team will be revising the plans and processes to secure these capabilities. SB concluded with objectives to ensure team development and success, the commitment to meeting all Sport England Tier 3 requirements by February 2024 and providing value-add and growing the Parkour UK Membership with the goal of building a sustainable NGB.

6. ANNUAL UPDATE FROM THE CHAIR

Section Summary: TR reflected on Parkour UK colleagues leaving as well as the new recruitment and highlighted the review of the Board composition and requirements to ensure that the Board are fit-for-purpose in-line with the strategy and meeting the Sport England Tier 3 requirements accordingly. TR noted her confidence in Parkour UK's trajectory toward meeting the Sport England requirements by February 2024 and informed the attendees of the new designated relationship manager at Sport England who along with their Head of Strategy supported in the most recent recruitment process. TR provided an update that the Board have continued to meet over the past 12 months and highlighted the in-person Board and Executive meet up at the IMAX in January 2023, which served as an opportunity to further connect and learn about parkour in action and appreciate the sport. TR and PA had an opportunity to join the mothers and daughter's parkour session conducted at Parkour Generations in London with Women in Sport this year, further TR attended the Project NextGen film showcase by Parkour UK's own Max Ward. TR concluded noting Parkour Earth, the international parkour federation's AGM scheduled for Saturday 2 December 2023 with CK having self-nominated himself to serve as a Board Member for a second term and the relationship with Parkour Earth specifically to share knowledge on parkour competition globally.

7. INDEPENDENT DIRECTOR APPOINTMENT

Section Summary: TR noted the appointment following Board approval at the September 2023 Board Meeting of JT and DS as Independent Directors. JT fills the needs for Safeguarding and Governance expertise and DS for Digital and Storytelling capabilities who has replaced Hannah Holland who resigned from the Board. TR noted the outstanding need to secure Legal expertise on the Board.

8. ELECTED DIRECTORS UPDATE

Section Summary: TR informed the attendees that two Elected Directors had remained in position for longer than the current tenure as a special request for the Board to remain quorate during the process of putting forward the Special Resolution. TR noted that the Elected Directors who currently represent the 3 home nations, serve an important role on the Board and that they provide a Community Engagement update as a standing item each Board Meeting. TR noted her aspiration to have representation of the unstructured parkour community on the Board in the future. TR raised the proposal to change the rights of the Parkour UK Members to be more accessible and inclusive regarding Elected Directors nominations and voting as follows:

- All Members are eligible to self-nominate for vacant Elected Director positions.
- All Voting Members are eligible to vote for all vacant Elected Director positions, regardless of their home nation.
- Elected Directors no longer need to represent home nations.
- The Board are eligible to prescribe the nomination and voting processes to fit Parkour UK's needs and, in this case, digitalising the processes online.

TR notified that the Elected Director voting process would not take place in the AGM and noted that should the Members approve the Special Resolution, the proposed nominations and voting timeline, recognising the requirement of providing a minimum notice of 21 days would be as follows:

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- Nominations would open on Monday 4 December 2023 – Friday 15 December 2023.
- Voting would open on Monday 18 December 2023 – Wednesday 3 January 2024.
- A General Meeting would be held on 4 January 2024 to share the results.

The current Elected Directors would stay in post until the General Meeting is held and the new Elected Directors are voted in with a scheduled Board Meeting due to take place at the end of January 2024.

8.1 SPECIAL RESOLUTION – REFORM TO ARTICLES OF ASSOCIATION

Received: The Parkour UK Changes to the Articles of Association Explained and the Parkour UK Articles of Association 2023 Proposed Revision documents having been distributed and were taken as read.

Section Summary: TR noted that the Board have proposed a Special Resolution to reform the current Parkour UK Articles of Association to improve governance, simplify the Articles, run Parkour UK to be fit-for-purpose on behalf of its members and the community and to future proof the organisation whilst remaining current. TR noted that a full breakdown of the tracked changes is available, however it is not user-friendly to present, and that the Explanation document distributed has been presented for understanding purposes. TR noted that punctuation, grammar and formatting hasn't been put forward for approval. RM suggested one grammatical change to TR to be amended.

Approved: TR requested the Voting Members to note their approval to adopt the Special Resolution in the MS Teams Meeting Chat Function. All 9 Voting Members present signalled approval; therefore, the Special Resolution was approved.

9. MATTERS, MOTIONS OR PROPOSALS RECEIVED FROM VOTING MEMBERS

None received.

10. NEXT GM AND AGM

Action 30/11/2023 (1): Parkour UK is to publish written notice for the GM which will take place on 4 January 2024.

The next AGM is anticipated for Q3 2024.

TR concluded the meeting and thanked everyone for their contribution and attendance.
