

PARKOUR UK 2022 AGM MINUTES		
Affiliate Members in attendance:	Apologies:	
Jake Harris (JH) – Team Reality		
Jesse Mumford (JM) - Spiral Freerun		
Kieran Wylde (KW) – Aspire Parkour		
Louiseanne Wong (LW) – Free Your Instinct		
Matt Malin (MM) – Supa XXL		
Stacey Oliver (SO) - Powerhouse Parkour		

Parkour UK attendance:	Apologies:
Dr Tracy Rea (TR) - Chair	Natasha Preville - Director
Dan Newton (DN) - CEO	
Chris Runham (CR) – Senior Independent Director	
Richard Marshall (RM) – Elected Director	
Hannah Holland (HH) – Independent Director	
Frazer Meek (FM) – Elected Director & Fluidity Free Run	
Chris Keighley (CK) – Elected Director & Parkour Generations	
Chris Grant (CG) – Head of Development	
Simon Vardy (SV) – Workforce Lead	
Tarryn Horner (TH) – Company Secretary	

1. WELCOME & INTRODUCTIONS

TR as Chair welcomed the Parkour UK Members to the online AGM, introduced the Board of Directors, provided meeting house rules and a notification of recording the meeting.

1.1 APOLOGIES

TR provided an apology for Natasha Preville.

1.2 MINUTES OF THE 2021 AGM

Received: The minutes of the AGM from 2021 having been circulated were approved.

1.3 MATTERS ARISING

- 1. Advertising and appointment of a Senior Independent Director
- 2. Framework to appoint Elected Directors

1.4 DECLARATIONS OF INTEREST

From a board perspective, Chris Keighley recognises that he is at the meeting representing Parkour Generations and as an Elected Director of Parkour UK. Frazer Meek recognises that he is at the meeting representing Fluidity Freerun and as an Elected Director of Parkour UK.

2. UPDATE/ INTRODUCTION FROM THE INDEPENDENT CHAIR:

Section Summary: TR provided an update on Parkour UK as an NGB over the past year, highlighting the successful trajectory towards actioning the Code of Governance mandated by Sport England and the funding secured to support Parkour UK over the next 5 years.

TR noted that the Board has been in a period of stability with only the addition of Chris Runham who has been appointed as Senior Independent Director. The Board's capabilities have been kept under constant review to ensure delivery of best practice and continue to meet regularly virtually with the next Board meeting due to take place in person in January 2023. TR expressed that the new recruitment and increase in capacity including appointment of subcommittee members to strengthen the knowledge and expertise of Parkour UK will ensure the positive progress to delivering the strategy.



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3. REPORT OF THE ACTIVITIES OF THE COMPANY

Section Summary: DN reported on the progress and learnings of Parkour UK with a focus on the key needs, expectations and requirements from the members including funding, accountability & transparency, people, and regular content.

3.1 FUNDING

Section Summary: DN highlighted that the £1.5 million funding from Sport England has increased the number of roles in Parkour UK.

- DN noted that the key needs to fulfil roles were knowledge, skills, and experience to match job descriptions and lived experience of parkour. Nine vacancies have been filled with approximately half being parkour practitioners.
- DN noted the start of the long-term financial sustainability of Parkour UK, Sport England funding and income generated from the workforce enables Parkour UK to plan beyond 12 months.
- DN noted the importance of diversifying income to build reserves and invest in the community. This includes expanding the membership offers, increasing the number of CPD courses and scoping for further grants.

3.2 ACCOUNTABULITY & TRANSPARENCY

Section Summary: DN highlighted the processes and systems in place to ensure accountability and transparency of Parkour UK, including the operational plan, subcommittees and working parties, improving inward and outward communication, and learning best practice from other organisations in the sports industry.

- DN outlined the lessons learnt since 2019, challenges referenced were not providing clarity to the members on
 the impact of negotiations with insurance brokers early enough which put members in a difficult position and
 the Workforce Working Party operating without clear TOR and member responsibilities. DN committed to
 Parkour UK ensuring greater clarity, accountability, and transparency.
- DN noted upcoming plans and actions; tier 3 governance action plan that will be worked through up until March 2023, developments that will be put in place for working parties, specifically implementing a TOR for each as a priority. A membership review that will enable Parkour UK to broaden its reach to the full spectrum of the community and increasing engagement across the sports sector with other governing bodies, Active Partnerships, and national partners like Street Games.

3.3 PEOPLE

Section Summary: DN emphasised the importance of developing the skills and knowledge that people within the parkour community require to fulfill their roles.

- DN outlined key highlights including and increase in the quality and volume of courses provided by Parkour UK Volume: 4 courses including Mental Health First Aid and the development of 200 learners through 20 courses.
 Quality: 95% Level 1 completion rate; Level 2 which has included a fair opportunity for every candidate with constructive communication to understand their strengths and limitations.
- DN noted upcoming plans and actions; a schedule of 2023 courses which outline 12 months in advance and the addition of further CPDs.
- DN noted recognition through UK Coaching Awards due to be held on 6 December 2022 to raise the profile of parkour practitioners. Nominations and finalists include Change of Life Award Adam Romaine / Podcast of the Year Sam Coppack / Young Coach of the Year Callum Windsor
- DN concluded with areas of learning including a Level 2 course review specifically in the pace of delivery and inconsistent communication.

3.4 REGULAR CONTENT

Section Summary: DN outlined Parkour UK's efforts in improving and increasing regular content and provided examples of content produced.

• Since the inception of the Digital Support team to elevate stories within the community, social media reach and engagement has increased by 500%.



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- DN noted key developments including, being present within and listening to the community. Elevating others by using Parkour UK's platform to draw attention to the community's existing content.
- DN summarised the upcoming plans, continuing to amplify existing and creating new to tell the stories of Parkour UK's members and practitioners and to drive women's engagement and representation in 2023.

3.5 THANKS, AND ACKNOWLEDGEMENTS

Section Summary: DN highlighted that progress and learning that has been made has been brought out by Parkour UK's people, acknowledging the staff, board, tutors & assessors, Sport England, and the community.

4. DIRECTORS REPORT & COMPANY ACCOUNTS

Received: Parkour UK company accounts for the year ended 31 March 2022 were circulated to the Members prior to the AGM.

Section Summary: CR noted the Sport England grant funding secures Parkour UK as a going concern for the next year, which enables Parkour UK to expand and deliver the strategy to support the parkour community.

Decision: The Accounts were approved by Parkour UK's members; Kieran Wylde (Aspire Parkour) approved, and Jake Harris (Team Reality) seconded.

Action: CR confirmed that the Accounts would be formally filed with Companies House for public records in the upcoming few weeks.

5. GOVERNANCE

5.1 APPOINTMENT OF SUBCOMMITTEE MEMBERS

Received: Profiles of the appointed subcommittee members were circulated to the Members prior to the AGM.

Section Summary: DN provided an update regarding the appointment and welcomed new subcommittee members as per the advertised roles.

- 5.1.1 Diversity & Inclusion Subcommittee Bianca Stringuini & Sam Murray
- 5.1.2 Finance Audit & Probity Subcommittee Parul Agarwal

5.2 MATTERS, MOTIONS, OR PROPOSALS RECEIVED FROM VOTING MEMBERS

None received.

6. AOB

None received.

7. DATE OF NEXT AGM

Scheduled for November 2023.

TR concluded the meeting and thanked everyone for their contribution and attendance.