

### **Summary of Parkour Insurance - Professional**

### THIS DOCUMENT IS NOT PROOF OF INSURANCE OR MEMBERSHIP

### Insurance coverage for

#### Parkour Professional - Individual coach

Who are involved in the Coaching, Supervision, Participation, Tutoring and/or Performance of Parkour/Freerunning activities within a recognised and/or designated environment.

## 1. Designated environments:

- a. Purpose built Parkour Parks
- b. A public space which has been risk-benefit assessed such as a park or urban space
- c. Indoor facilities which have been risk-benefit assessed such as a school gym or purpose built venue

#### 2. Coaching:

- a. The coach student ratios of 1:8 outdoors and 1:15 indoors maximum must be followed.
- b. A level 1 coach must only operate in the assistance of a level 2 and cannot coach a class independently.
- c. A level 2 coach can coach a class independently.

#### 3. Supervising:

- a. The coach student ratios of 1:10 outdoors and 1:20 indoors maximum must be followed.
- b. A level 1 coach must only supervise in the assistance of a level 2 and cannot supervise a session independently
- c. A level 2 coach can supervise independently.

## 4. Tutoring

A Tutor is defined as a professional member of Level 2 or above who has been employed by Parkour UK – on a sub contracted or contracted basis – to deliver training courses for new coaches. This includes delivery of Level 1 & 2 courses, as well as Parkour UK CPDs such as the teacher's CPD.

- a. The tutor student ratios of 1:12 outdoors and 1:24 indoors maximum must be followed.
- b. A level 2 coach can operate in the assistance of a Tutor and cannot tutor a session independently.
- c. A Tutor can supervise independently.

# 5. Performing:

- a. Parkour incorporated into a live performance or recorded performance must meet condition 1 (Designated Environments)
- b. A level 1 coach must only perform under the supervision of a level 2 and cannot perform independently
- c. A level 2 coach can perform independently.

## 6. Participating:

At all times the member must follow government guidelines ensuring they are adhering to national and local law at all times. In addition, they must also follow Condition 1 (designated environments).

# 7. <u>Definition of Parkour/Freerunning activities</u>

## **Movements:**

For the purposes of definition, Parkour/Freerunning activities are defined as any movements, families of movements and/or derivates of these that are covered in the Level 1 Curriculum.

# 8. Acrobatics:

Acrobatics do not fall under the above definition and therefore are not covered by the insurance. For any members intending on teaching acrobatics we would recommend seeking separate insurance and qualifications best suited for this.

For further details please see the wording document in the members area.

For questions or queries please contact Parkour UK - info@parkour.uk