

Company Number: 06952200

PARKOUR UK LIMITED

(the "Company")

**MINUTES OF A MEETING OF THE
ANNUAL GENERAL MEETING OF THE COMPANY HELD
AT MOBERLY SPORTS CENTRE, 25 CHAMBERLAYNE ROAD,
LONDON NW10 3NB SATURDAY 8 DECEMBER 2018 12.00**

In attendance:

Stephen Mitchell, Independent Chair, Parkour UK
Scott Jackson, Elected Director, Parkour UK
Daniel Timms, Elected Director, Parkour UK
Gordon Tsang, Elected Director, Parkour UK
Craig Robinson, Elected Director, Parkour UK
Eugene Minogue, Chief Executive, Parkour UK
Dr Timothy Yu, Chief Medical Officer, Parkour UK
Access Parkour
Edinburgh Parkour
JUMP Parkour
Train Hard Parkour & Freerunning
Esprit Concrete
Fluidity Freerun
Jump Parkour
West Coast Shift Parkour (via telephone)

Guest & Independent Invigilator: Ed Hubbard, 4Global

Apologies:

Caroline Brennan, Independent Director, Parkour UK
Mark Abberley, Independent Director, Parkour UK
Brad Wendes, Elected Director, Parkour UK
Matt McCreary, Elected Director, Parkour UK
Project Z Parkour
West Coast Parkour
Jump NI
Team Kinetix

1. **Welcome & Introductions** (meeting commenced at 12:21)

1.1 Introductions & apologies for the meeting

1.1.2 The Chair opened the meeting and welcomed all individuals and member organisations attendance

1.1.3 The chair expressed thanks on behalf of Parkour UK to Everyone Active providing the meeting venue for the formal AGM this afternoon at Moberly Sports Centre.

1.1.4 The Chair outlined 'house-keeping' for the meeting & the venue

1.1.5 Notice and quorum

1.1.5.1 The Chair reported that due notice of the meeting had been given to all Members & Directors of the Company and that the meeting was quorate

1.2 Minutes of the last AGM

1.2.2 The Chair went through the draft 2017 AGM minutes page by page, requesting any queries and/or amendments from members and/or the Directors

1.2.3 The Chair requested if there were any matters arising from the draft minutes of the 2017 AGM

1.2.4 **IT WAS RESOLVED** that there were no matters arising and the minutes of the meeting held on 8 July 2017 were approved as a true and accurate record of the meeting and should be signed by the Chair, Elected Director & CEO

1.3 Minutes of the last meeting & matters arising

1.3.1 There were no matters raised

1.4 Directors duties declarations of interest

1.4.1 The directors were reminded that they needed to comply with their duties to the Company, including the duties set out in sections 171 to 177 Companies Act 2006. These included a duty to declare interests in proposed transactions and arrangements with the Company and a separate and independent statutory obligation to declare interests in existing transactions and arrangements with the Company ("transactional interests")

1.4.2 Each director was reminded that they also needed to comply with their duty to avoid a situation in which they have, or could have, a direct or indirect interest that conflicts, or possibly may conflict, with the interests of the Company ("situational conflicts"), unless authorised either by directors independent of the conflict, as permitted by the Companies Act 2006 or in one of the other ways permitted by the legislation

1.4.3 Gordon Tsang, Elected Director declared an interest with members Access Parkour & Edinburgh Parkour, in addition to advising that he had also been elected as an Elected Director of Parkour Earth

1.4.4 Craig Robinson, Elected Director declared an interest with members Fluidity Freerun

1.4.5 Scott Jackson, Elected Director declared an interest with members Train Hard Parkour & Freerunning

- 1.4.6 Dan Timms, Elected Director declared an interest with members JUMP Parkour
- 1.4.7 No further declarations of interests in relation to the agenda items were declared

2 Report of the activities of the company

2.1 Awards, CPD & Qualifications

- 2.1.1 The CEO outlined the number of courses delivered and/or currently scheduled for delivery throughout 2018 and that these will/would be hosted by member organisations across the UK including; Cornwall, Essex, London, Leeds, Poole, Belfast, Cardiff & Edinburgh
- 2.1.2 Nine, Parkour UK 1st4sport Level 1 Award in Assistant Coaching Parkour/Freerunning
- 2.1.3 Four, Parkour UK 1st4sport Level 2 Certificate in Coaching Parkour/Freerunning & six sets of Level 2 Assessments
- 2.1.4 One, Parkour UK 1st4sport Introductory CPD Award in Teaching Parkour/Freerunning (QTS)
- 2.1.5 The CEO advised that we provide additional courses as and where there is sufficient need, demand and/or gaps.
- 2.1.6 The CEO advised that all Parkour UK Awards, CPD & Qualifications would continue to be reviewed, due to the forthcoming changes to the QCF and introduction of the RQF, the forthcoming publication of the Coaching Plan for England, UK Coaching – Future Coaching.
- 2.1.7 The CEO advised that changes to our Parkour UK 1st4sport Level 1 Award & Level 2 Certificate in Coaching Parkour/Freerunning had were previously implemented for these courses/assessments throughout 2017 and onwards
- 2.1.8 The Chair advised that the Workforce Subcommittee (WSC) – Terms of Reference were adopted by Board in Dec 2017 and that various WSC meetings were held throughout 2018

2.2 Membership

- 2.2.1 The CEO advised that membership applications are taken via the Parkour UK website. Membership renewals are powered by Playwaze. emails were distributed to members organisations on the 30th October 2017 and 22nd December 2017 and registered individuals, with registrations on the Parkour Professionals Register on the 22nd December
- 2.2.2 The majority of memberships and registrations renewed automatically via Playwaze. However, there were several payment failures both with membership and registration renewals. These were initially followed up on the 5th January 2018 with the relevant organisations and/or individuals

2.2.3 Additionally, a significant social media outreach inviting various organisations from across the UK to join has been undertaken with over 130+ groups/organisations

2.2.4 The CEO advised that current levels of existing membership for 2018 (as of the AGM) are 60 organisations;

- **Associate Members (35):** Southend Parkour, UKCF Academy, London Parkour Project Ltd, Oxford Parkour, Project Z Parkour, EMP Parkour, Aberdeen Parkour, Edinburgh Parkour, UCLU Parkour Club, Team Reality, West Coast Shift, West Coast Parkour, Didcot Parkour, Evolve, Brighton Parkour Coaching, Street Media, Kinetics Body And Mind Ltd, Northern Focus Parkour, 3RUN, Wyre Parkour, Steel City, Loughborough University Parkour Society, , Irish Movement Academy, University of St Andrews Parkour Club, Scope 4 Success, Parkour Generations – Glasgow, Parkour Generations – Hertfordshire, Parkour Generations – Manchester, Traceuse Ireland, Level Up Academy CIC, Perthshire Free Runners, Edinburgh University Parkour Club, Predator Freerun, Age Cymru & Parkour Bristol
- **Affiliate Members (8):** Retraceuring Steps, Esprit Concrete, Airborn Academy (Airborn Flying CIC), Bounce Back, Sport Parkour Ltd, Momentum Parkour Community, Storm Freerun. The Motus Projects
- **Affiliate+ Members (17):** Crawley Parkour CIC, Fluidity Freerun Academy, Parkour Generations, Access Parkour, The Nantwich Freerunners, Foucan Freerunning Academy - Free Play LLP, Thanet Parkour Academy, Train Hard Parkour, JumpNI, Free Your Instinct, Apeuro, JUMP Parkour Ltd, Team Kinetix, London School of Parkour, Control Movement, Storrer, The Urban Factory

2.2.5 **IT WAS RESOLVED** that the list of current members, as approved by Board are formally approved as members of Parkour UK. The Board will continue to approve applications for membership and will bring forwards the list of members for formal approval at each AGM

2.3 **Other activities;** Appointment of a Chief Medical Officer

2.3.1 The CEO advised the [Dr Timothy Yu had been appointed as Parkour UK's first Chief Medical Officer \(CMO\)](#) in August 2018

2.3.2 Dr Timothy Yu will head up the Medical & Anti-Doping dept of Parkour UK and work with the CEO to develop the existing medical needs of our community and anticipate future needs proactively

2.3.3 Dr Timothy Yu advised that following his appointment he would;

- Undertake a review of and to further develop the First Aid for Parkour/Freerunning course(s) provided by Parkour UK

- Look to develop a Parkour/Freerunning Accident/Injury Reporting portal for use by the community/coaches – which will help inform and develop our First Aid course
- Work with member organisations to improve the facilities, emergency equipment and services within indoor and outdoor venues in terms of injury prevention and injury management both acute and chronic. and;
- Be the designated Parkour UK's Anti-Doping Officer (that is, one single point of contact for anti-doping matters at the NGB)
- To help develop topics and fields of research, primarily with Queen Mary's University, London that will benefit the community

2.3.4 Dr Timothy Yu advised that he also work closely with Parkour UK's Mental Health Action Group

2.4 **Other activities;** Strategy Development

2.4.1 The CEO advised that following a funding award from Sport England that Parkour UK have appointed 4Global following a tender process to undertake a strategic review of Parkour UK and develop a Strategic Plan which clearly outlines the vision, mission, objectives and strategic priorities for Parkour UK and our sport in the UK – outlining how the sport can grow and commercialise

2.4.2 The CEO introduced Ed Hubbard from 4Global and asked ED to provide an overview and update on the development of the strategic plan for Parkour UK

2.4.3 Ed Hubbard provided an overview and background to 4Global, including a history of their clients and previous work with NGB's

2.4.4 Ed Hubbard advised that as part of the development of our new strategic plan for Parkour UK & the sport, 4Global will develop Public & Community Survey's in consultation with the CEO and Board, to help shape and inform the development of our strategic plan

2.4.5 The CEO advised that there has never been a better time to positively impact the continued growth and development of Parkour/Freerunning across the UK. Therefore, we are really are encouraging everyone within the Parkour/Freerunning community, our member organisations and workforce to positively engage with, support and share the survey's – which will launch in early 2019. We are seeking a wide range of views and feedback to help us positive shape and inform the development of our strategic plan

2.5 **Other activities;** Government Consultation: Review of GCSE, AS and A level physical education activity list

2.5.1 The CEO advised that the Government via the [Department for Education \(DfE\)](#) [has launched a consultation exercise](#) having committed to doing so in 2015, which

could have an implication for the way that Parkour/Freerunning is delivered as part of the PE curriculum within the examination element of the subject, which can be a significant driver for schools' engagement with Parkour/Freerunning, and as a result participation in it

- 2.5.2 This review is open to the public and the DfE will consider all responses. However, the DfE has advised that if respondents wish to put forward a sport which has a National Governing Body (NGB), that they contact the NGB for the sport in the first instance to check if it is planning to submit a response. Parkour UK is currently preparing a response focused on 7 sections of the consultation, as well as more broadly. This will be based on insight and observations from the education sector and wider Parkour/Freerunning community that we have gained over the last 10 years of Parkour/Freerunning being delivered in Schools across the UK
- 2.5.3 We know that there is a huge amount of support, passion and willingness to support the inclusion of Parkour/Freerunning to the list of assessed sports, not just from our community but also from schools, teachers and our partners the Association for Physical Education (afPE) & the Youth Sport Trust (YST) and we hope that our community and member organisations will be able to help us to achieve this. The more responses there are, the more likely we are to be successful, so please help to spread this message among your networks and encourage feedback to Parkour UK
- 2.5.4 Parkour UK have been directly and indirectly lobbying the DfE since 2015, in the lead up to the formal recognition of Parkour/Freerunning as a sport & Parkour UK as the NGB in 2017, for Parkour/Freerunning to be included in the list of eligible activities
- 2.5.5 We are pleased to bring this to your attention, as the NGB we encourage our community and member organisations, in the first instance, to submit your input to build into our response. Please share your responses to the consultation with us by the close of business on the 18th December 2018 at the latest, as the deadline for responses is Thursday 20 December 2018

3 Report from the Independent Chair

- 3.1 The Chair welcomed the continued opportunity as Independent Chair of Parkour UK and that it was a privilege to serve our community
- 3.2 The Chair wished to express his thanks to the CEO & other Board members for the work they have put in to get the NGB since the last AGM in July 2017
- 3.3 The Chair advised that participation figures of 93,600 in Parkour/Freerunning were reported in the [Active Lives Adult Survey – May 17/18 Report](#), which was published on the 11 Oct 2018. This followed the first set of participation figures for Parkour/Freerunning in the Active Lives [November 15/16 Report](#), showing [participation figures of 96,700](#) & then the [May 16/17 Report](#), showing [participation figures of 101,800](#)
- 3.3.1 The data [showed over 93,600*](#) had taken part at least twice in the last 28 days! Which is over **twice** the size of Rollerskating/inline skating/rollerblading, almost **three** times the size of Judo and almost **four** times the size of Triathlon

- 3.3.2 The data certainly demonstrates the reach, breadth and depth of Parkour/Freerunning, not just in England, but across the UK and [our community](#). We certainly feel that [Parkour UK](#) and our community have plenty to contribute to the [Sport England strategy](#). In addition to the Government strategy [#SportingFuture](#), coordinated by [Department for Culture, Media and Sport](#) and the strategic plans of [Sport Wales](#), [Sportsotland](#) & [Sport Northern Ireland](#)
- 3.4 The Chair advised the research by the Youth Sport Trust in June 2018 showed that [Parkour/Freerunning is one of the top 5 activities girls and boys want to do in PE!](#)
- 3.5 The Chair advised that Sport Wales recently released the figures and infographics for the 2018 School Sport Survey. These include Parkour/Freerunning participation figures.
- 3.5.1 The results show that the increase seen from 2011 to 2015 in previous surveys has been sustained, with 48% of young people taking part in sport 3 or more times a week in addition to timetabled PE lessons. 2018 figures also suggest a close in the participation gap for some of the harder to reach groups. The survey showed the sport's most likely to be participated in by primary pupils other than in school or community club settings
- 3.5.2 For those in years 3-6, it showed that 25% of males & 29% of 'other'* were likely to have participated in Parkour/Freerunning in a school or community club settings (this is Wales only)
- 3.5.3 For those in years 7-11, it showed that 20% of 'other'* were likely to have participated in Parkour/Freerunning in a school or community club settings (this is Wales only)
- 3.5.4 The Chair advised that these key figures from the research of Sport England, Youth Sport Trust and Sport Wales will inform the development of our strategic plan via 4Global
- 3.6 The Chair advised that we had Matt Hancock, the Secretary of State for Department for Digital, Culture, Media and Sport join us [to #GiveParkourAGo with none other than Sebastien Foucan](#) in July!
- 3.7 The Chair advised that Parkour UK has appointed Kasturi Torchia as our first Mental Health Lead
- 3.7.1 Kasturi Torchia is an awarded psychotherapist in the final stage of her Professional Doctorate in Counselling Psychology. Specialising in lack of progression within Parkour, she has spent the last four years working within the community growing a psycho-therapeutic approach to teaching our discipline via our [Esprit Concrete](#), working very closely with our [Mental Health Action Group](#) to better integrate mental health awareness and working process into our governance and provision of our sport. With experience in service evaluation, research and practice she is passionately working to further develop Parkour UK's [Mental Health Hub](#) alongside our newly appointed [Chief Medical Officer, Dr Timothy Yu](#) to build a solid foundation for audit, assessment and intervention delivery tailored to mental health and wellbeing for everyone that Parkour UK strives to represent

- 3.8 The Chair advised that as we approach to the two-year anniversary of the formal announcement of [the recognition of Parkour/Freerunning as a sport and Parkour UK as the NGB](#), the Board at our last Board meeting on the 23rd October 2018 in-accordance with [21.1 & 21.1.9 of our Memorandum & Articles of Association](#) had collectively and unanimously agreed that the Board would tender their resignation, with effect from our [2018 Annual General Meeting \(AGM\)](#)
- 3.8.1 The Board are collectively tendering their resignation for two reasons; unfortunately, due to the continued lack of support and engagement from Home Country Sports Councils of the UK ([Sport England](#), [Sport Wales](#), [sportscotland](#), [Sport Northern Ireland](#) and [UK Sport](#)) and; to address some Governance issues by bringing forward our transitional arrangements, as set out in [Schedule 2 of our Memorandum & Articles of Association](#), which will now be implemented at the 2018 AGM. Both of these factors have contributed for the need of this collective course of action
- 3.8.2 On Monday 12th November, a letter from our [Independent Chair, Stephen Mitchell](#) was shared the Chair's & CEO's Home Country Sports Councils of the UK, as well as the [Dept. Digital, Culture, Media & Sport](#) (DCMS) and [Sport + Recreation Alliance](#) – advising them of the collective decision of Board and the reasons for their decision
- 3.8.3 **Context** – Lack support and engagement from Home Country Sports Councils of the UK;
- The Board of Parkour UK together with those we represent have continued to drive our community and lead our sport in a way we believe sets a new methodology for how an NGB of the future could be operated, maintain its community representation and be financially sustainable for the long term, without having to rely on public subsidies. Our community is young, inclusive, diverse and vibrant, and we continue to push new agendas for how our sport can be utilised to deliver against the Government's strategy Sporting Future outcomes. We have created and/or led on innovative approaches on: mental health; physical literacy; virtual reality; open data; performance sport; over 60s; urban redesign; play and exploration; academic research; and working with the law – to name just a few. In addition, we certainly feel that Parkour UK and our community have plenty to contribute to the strategic plans of all the sports councils.
 - Participation in Parkour/Freerunning in the UK is significant, this is in part demonstrated by the participation figures within Sport England's Active Lives data. The data on those 16+ and in England only, that have participated in Parkour/Freerunning was almost twice the size of those doing Skateboarding, almost three times the size of those partaking in Judo and almost four times the size of regularly doing Triathlon!
 - This is the case notwithstanding the fact that Parkour UK has received no strategic funding/investment; such as Sport England's Core Market Funding for

NGBs, as well as any funding streams from the other Home Country Sports Councils of the UK, in contrast to many other sports

3.8.4 Context – Address some Governance issues;

- The Board meeting on the 23rd October, where it was collectively and unanimously agreed that the Board would resign as of as the 2018 AGM; Additionally, an Elected Director has not regularly Board meetings and has consistently failed to respond to contact from the CEO, Chair and other Board Members. Therefore, they're are in breach of his director's duties and in-accordance with 21.1 & 21.1.6 of our Mem & Arts – unless the Board resolves otherwise, that without sufficient reason for more than 3 (three) consecutive Board meetings have been absent without permission of the Board. The Board resolved that they will be removed as an Elected Director as of the 2018 AGM in line with the other Directors resignations
- Also, an Independent Director has not consistently attended Board meetings and has consistently failed to respond to contact from the CEO, Chair and other Board Members. Therefore, they're are in breach of their director's duties and in-accordance with, in accordance with 21.1 & 21.1.7 of our Mem & Arts – that person is requested to resign by all the other members of the Board acting together; The Board resolved that they are requested to resign as an Independent Director as of the 2018 AGM in line with the other Directors resignations
- Furthermore, these follow the previously announced resignation of Catherine Baker, our Senior Independent Director in August
- The resolutions are in-line with our Memorandum & Articles of Association, as well as being in the interests of Good Governance and Parkour UK

3.9 The Chair wished to formally thank Board members, for and on behalf of the Board, members and community for his personal commitment, time, contributions and efforts with Parkour UK, as today was their last Board meeting following the collective resignation of Board

3.10 The Chair wished to formally thank the CEO for his continued time, effort, dedication and commitment to the work of the NGB and our community

4 Directors Report & Company Accounts

4.1 Accounts up to 31st March 2018

4.1.1 The CEO for and on behalf of the Board outlined the requirements under Companies Act 2006 and the company's statutory requirements

4.1.2 The CEO for and on behalf of the Board outlined the company's accounts for 2017/18 (year-end 31st March 2018) have been fully drafted, agreed in principle by the Board and are ready to be submitted to Companies House for filing subject to final approval

- 4.1.3 The CEO distributed the voting papers to members
- 4.1.4 **IT WAS RESOLVED** that companies annual accounts be accepted in principle and filed at the Companies House following final approval from the Board

4.2 The appointment of the company's auditors for the year to 31st March 2018 would be delegated to the Board

- 4.2.1 The CEO & Independent Chair outlined the significant cost of appointing auditors and that the company was not currently in a financial position to appoint auditors for the 2018/19 financial year
- 4.2.2 **IT WAS RESOLVED** that the appointment of the company's auditors for the year to 31st March 2019 and their remuneration was delegated to the board

5 Governance

5.1 Nominations & Nomination Statements for an Elected Director

- 5.1.1 The CEO advised that following the recent announcement of [the collective resignation of the Board of Parkour UK](#), Parkour UK invited nominations for home country Elected Directors
- 5.1.2 The CEO detailed the list of nominees which have been approved by the Board, their seconders and their election statements for the roles of [Elected Directors](#).
- 5.1.3 **ENGLAND** – Nominee: Christopher Keighley, [Parkour Generations](#). Secunder: Tim Hurst, [JUMP Parkour](#)
- 5.1.4 **SCOTLAND** - Unfortunately, no valid nomination was received in-line with 28.2 of our Mem & Art's
- 5.1.5 **IT WAS RESOLVED THAT** the role of Elected Director for Scotland will be reopened for nominations and elections held at the 2019 AGM, which is due to be held in circa July 2019
- 5.1.6 **NORTHERN IRELAND** - Nominee: Paul Allen, [Jump NI](#). Secunder: Craig Robinson, [Fluidity Freerun](#)
- 5.1.7 **WALES** - Nominee: Frazer Meek, [Fluidity Freerun](#). Secunder: Scott Jackson, [Train Hard](#)
- 5.1.8 The CEO advised that all Election statements can be found on the [Parkour UK website](#)

5.2 Election of an Elected Director

- 5.2.1 **IT WAS RESOLVED** that the nominees for the roles of Elected Directors from England, Northern Ireland and Wales were duly elected. The formal appointment would be filed with Companies House as part of the filings of the AGM filings

5.3 Appointment of an Independent Director

- 5.3.1 The Board wished to formally record their thanks to Nomination Committee and the CEO for their help and assistance in the recruitment process
- 5.3.2 The recruitment panel has made the recommendation to appointment Tracey Crouch MP as our Senior Independent Director of Parkour UK. This recommendation has been approved by Board.
- 5.3.3 **IT WAS RESOLVED** that the recommendation of the Board to appoint Tracey Crouch MP as an Independent Director was unanimously approved members. The formal appointment would be filed with Companies House as part of the filings of the AGM filings
- 5.3.4 The CEO proposed that following the collective resignation of the Board and now that members had elected three new Elected Directors and a new Senior Independent Director that members considering requesting that Stephen Mitchell, as Independent Chair and Caroline Brennan, Independent Director continue in their roles to ensure continuity
- 5.3.5 **IT WAS RESOLVED** that Caroline Brennan would continue as Independent Director until the 2019 AGM
- 5.3.6 **IT WAS RESOLVED** that Parkour UK would look to open up recruitment for an Independent Director to replace Caroline Brennan, in the lead up to the 2019 AGM
- 5.3.7 **IT WAS RESOLVED** that Stephen Mitchell continue as Independent Chair up to 2020 AGM, which would complete the advised maximum two-times four-year term

5.4 Any matter, motion or proposal from the voting members

- 5.4.1 The CEO confirmed that no matter, motion or proposal has been received from the voting members

6 Any other business (AOB)

6.1 The encroachment and misappropriation of Parkour/Freerunning by the Fédération Internationale de Gymnastique (FIG) & their member National Federations

- 6.1.1 The CEO provided an updated on the correspondence to FIG relating to the encroachment & misappropriation of Parkour/Freerunning by FIG
- 6.1.2 The CEO provided detail relating to our various open letters from Parkour Earth & correspondence to FIG

6.2 There being no further business, the meeting closed

- 6.2.1 The Chair thanked all attendees for attending the 2018 AGM and outlined that the future for Parkour/Freerunning is looking very positive now, particularly post-recognition and the development of our strategic plan

6.2.2 The Chair encouraged members to continue the positive work they are doing, and that Parkour UK will support them as best they can with the resources available to us

7 Date & Location of the next AGM

7.1 **IT WAS RESOLVED** that the 2019 AGM would be held in Wales and the 2020 AGM would be held in either Scotland or Northern Ireland. Therefore, each year rotating the AGM round the Home Nations of the United Kingdom.

(meeting closed at 13.35)

SIGNED by STEPHEN MITHELL)
Independent Chair

SIGNED by SCOTT JACKSON)
Elected Director

SIGNED by EUGENE MINOGUE)
Chief Executive Officer

8 December 2018