

What Level of Training Do I Need to Complete?

	Introductory		Basic	Specialist	3 Year training renewal (both basic and specialist courses)	CPD
	Read policies (within 1 month of starting role)	Safeguarding In Sport Course (within 3 months of starting role)	UK Coaching - Safeguarding & Protecting Children (within 3 months of starting role)	UK Coaching Time to Listen (within 6-12 months of starting role)		
Recommended Training Compulsory Training						
Volunteers / non-coaching staff						
No contact with under 18's	✓	✓				✓
Incidental contact with under 18's	✓	✓				✓
Regular contact with children and young people – no direct responsibility for them	✓	✓				✓
Young volunteer	✓	✓	✓			✓
Regular supervised contact with under 18's	✓	✓	✓	✓	✓	✓
Regular unsupervised contact with under 18's	✓	✓	✓			✓
Overnight /residential/event involvement	✓	✓	✓	✓	✓	✓
Club/gym Safeguarding/Welfare Officer (clubs/gyms with U18's only)	✓	✓	✓	✓	✓	✓
Designated safeguarding (children and young people) – national level	✓	✓	✓	✓	✓	✓
Recruitment responsibility	✓	✓	✓	✓	✓	✓
Coaches						
Level 1	✓	✓	✓		✓	✓
Level 2	✓	✓	✓		✓	✓
Level 3	✓	✓	✓		✓	✓
Level 4 (tutor)	✓	✓	✓		✓	✓
Coaches (aged 16-18 years)	✓	✓	✓		✓	✓

Both the UK Coaching Safeguarding and Protecting Children and the Time To Listen training must be renewed every three years by completion of an Online or Face to Face Refresher Course.

For renewal after 3 years, the Safeguarding and Protecting Children course is available as a shorter refresher course. The Time to Listen Course isn't available as a refresher and must be repeated.

More detail below.....

Introductory (Not Mandatory)

Introductory training can be completed by anyone interested in furthering their knowledge of Safeguarding in Sport and can be used as a pre-cursor to the Basic and Specialist Training. As soon as possible upon starting and ideally annually, everyone should read the policies.

NSPCC Course - CP in Sport & Physical Activities - [Child protection in sport and physical activity training](#) | NSPCC Learning – around £30

High Speed Training course - [Safeguarding In Sport](#) takes approximately 2 hours, online – Free

Basic Level (Mandatory for level 2 coaches and club safeguarding officers)

Basic courses are designed for those working in sport with regular responsibility for children and young people. This training should include the practical implications of raising awareness within a sports context, safeguarding legislation, identifying, responding, and reporting concerns and signposting for further information and sources of support. Basic Training is a pre-requisite to any specialist training completed thereafter.

[Safeguarding and Protecting Children Training](#) - UK Coaching (3 hours)

This course will raise your awareness of the tell-tale signs of abuse and poor practice and give you the tools you need to deal with any issues sensitively, appropriately and effectively should the need arise.

[\(Refresher Training\) Safeguarding and Protecting Children](#) - UK Coaching (1-2 hours)

[Safeguarding and Protecting Children \(16-18\) UK Coaching](#) (2 hours) (not mandatory)

This online classroom has been created specifically for coaches aged 16 to 18 years old. The course is created by specialists in child welfare and is written and delivered with the safety of the young coach in mind throughout. It covers all the appropriate content to support younger coaches to recognise safeguarding and child protection best practice as an important part of your great coaching journey.

Specialist (Mandatory for club safeguarding officers or anyone supervising children overnight)

Specialist safeguarding training can only be completed after individuals have completed the Basic level training and is designed for individuals in roles with regular unsupervised contact with under 18's and additional responsibilities such as Lead Safeguarding Officers and Club Welfare Officers; Those responsible for recruiting people to work with children; Case Management Groups and Event management roles. Specialist training addresses the specific needs of the roles concerned and delivery should include a face-to face element.

[UK Coaching 'Time to Listen Workshop'](#) (3-4 hours)

This workshop will help you understand the role and responsibilities of a Welfare Officer and statutory agencies and what this means in practice. This workshop needs to be completed within three months of completing the Safeguarding and Protecting Children Course, and every 3 years thereafter.