

# **Safeguarding Course Guidelines**

Everyone involved in your club or gym, including coaches, officials, paid staff and volunteers should have safeguarding training. Parkour UK has developed an online, interactive safeguarding qualification designed to enhance understanding of safeguarding within a parkour context.

The modules cover:

- Safeguarding terminology
- What makes parkour safe, enjoyable and inclusive?
- What is safeguarding?
- Abuse – What is abuse, what are the types of abuse and how to recognise them.
- Recognise, respond, record and report – how to deal with a safeguarding concern
- Safeguarding adults.
- Culture and relationships.
- Policies, procedures and guidance.
- Parkour events, (competitions and jams) and overnight gym stays.
- Photography, live streaming, and social media.
- Mental Health.
- Welfare Officers.
- Misogyny

Visit the courses section of the website to book online.